Diving Competition-Development Coach Pathway

Entry

Prerequisites:
- Must successfully apply for entry into Diving program/workshops
- Diving Canada member
- Pre-course submission
- Successfully evaluation of Comp-Intro modules:
  1. Make Ethical Decisions
  2. Plan a Practice
  3. Design a Sport Program
  4. Analyze Performance (including belt)

Complete Multi-Sport Modules:
- Psychology
- Doping
- Conflict
- Coaching & Leading
- Prev & Rec

(thru provincial coaching ass'n)
(1/2 day and full day courses; ~ 4-5 days total)

Attend Diving Workshops:
(2 weekends; 3-1/2 days ea; held once per year)
- Analyze Performance
- Developing Athletic Abilities
- Plan a Practice
- Performance Planning
- Manage a Sport Program
- Prevention & Recovery

= Trained

Entry

Portfolio & Practical:
- *Practical requirement under review*
- Multi-sport modules to be completed prior to evaluation
- Written assignments
- Written test
- Practice Plan and evaluation at a practice
- Competition plan and evaluation at a competition
- Practice plan
- Yearly plan

Outcomes Evaluated:
- Psychology (multi-sport)
- Doping (multi-sport)
- Conflict (multi-sport)
- Coaching and Leading (multi-sport)
- Analyze Performance (Diving)
- Developing Athletic Abilities (Diving)
- Plan a Practice (Diving)
- Performance Planning (Diving)
- Manage a Sport Program (Diving)
- Prevention & Recovery (Diving and multi-sport)

= Certified

Maintenance & Horizontal Development

Re-certification:
- Every five years to maintain certification
- Complete professional development activities from approved list

Coach Development:
- Approved Professional Development Activities
- Advanced & Master level modules (e.g. Biomechanics, Nutrition)
- Camps, competitions
- High Performance context training or certification

= Certified

Updated April 2009