



Diving Canada Announces National Team for 2009 Canada Cup

Montreal, April 28, 2009 – Diving Plongeon Canada (DPC) is pleased to announce its national team for the 2009 Canada Cup FINA Grand Prix set for April 30-May 3 at the Olympic Park Sports Centre in Montreal.

The 16-member squad includes a mixture of new faces and veterans as many of the team members enter their first senior international competition since the closing of the 2008 Olympic Games.

“With the start of the new Olympic quadrennial, team members are changing events, looking to further establish themselves on the world stage or in some cases, experience the international stage for the first time at this weekend’s competition,” says DPC’s chief technical officer Mitch Geller.

Familiar faces on the team include Olympic silver medallist Émilie Heymans as well as her fellow 2008 Olympic teammates Meaghan Benfeito, Jennifer Abel, Roseline Filion, Reuben Ross and Riley McCormick.

For 2008 Olympic 10m silver medallist Emilie Heymans, who has returned to 3m springboard diving, the Canada Cup will be her first international competition in this event since the 2007 World Championships. She will be using the Canada Cup to show her new form and to begin her build towards yet another attack on an Olympic podium.

Also in the 3m event, is rising star Jennifer Abel of Laval who is looking to carry on the Canadian tradition of strength and power on women’s springboard events, now that 2004 Olympic medallist and many-time national champion Blythe Hartley has retired.

On the men’s side, Canada will be looking to 2008 3m and 10m national champion Reuben Ross of Regina to begin taking his recent outstanding domestic performances to the same level on to the international stage. With some valuable Olympic experience under his belt Riley McCormick of Victoria, who finished 16th on 10m in Beijing, will be looking to win his first senior international medal in Montreal this weekend.

All eyes will also be on Meaghan Benfeito and Roseline Filion who have been battling the Australian 10m synchro duo of Melissa Wu and Briony Cole for medal positions on the recent FINA World Series tour. The two synchro pairs will face off during the 10m synchro event on Sunday afternoon.

On the up-and-coming side, Canadian one-metre champion François Imbeau-Dulac of St-Lazare, QC, and world junior championship 1m finalist Carol-Ann Ware of Saint-Hilaire, QC, will be testing themselves against a powerful international field for the first time this weekend.

2008 Olympic silver medallist Alexandre Despatie is also part of the Canada Cup team but will not be competing this weekend as he is taking time away from the heavy training demands of competitions so that he can fully address nagging injuries.

The team was announced today at a news conference in Montreal.

The schedule and entry list are available on-line at canadacup.diving.ca.

À propos de Plongeon Canada

Diving Plongeon Canada (DPC) a été fondé en 1967 comme organisme à but non lucratif pour promouvoir la croissance du sport du plongeon et sensibiliser la population canadienne à ce sport à travers le pays. À titre de membre de la FINA, l’organisme mondial directeur des sports aquatiques, DPC contribue au développement de normes d’excellence pour le



plongeon qui sont acceptées partout sur la planète, et il soutient les statuts (règlements) de la compétition internationale. En tant que représentant de neuf associations provinciales du plongeon, 67 clubs locaux du plongeon, et près de 4000 athlètes de haute performance, DPC partage un engagement national à faire progresser l'art et le sport du plongeon et assurer que le Canada est placé au premier rang au plongeon à l'échelle mondiale. Pour plus de renseignements, veuillez visiter le www.diving.ca.

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